## Apple Core Day Care Center

\*\*\*MENUS MUST BE DATED \*\*\*
\*\*\*PORTION SIZES NOT REQUIRED\*\*\*

Infant Name & Age required:\_

☐ Up to 4 months☐ 4 up to 8 months☐ 8 up to 12 months

☐ 1 up to 3 years☐ 3 up to 6 years☐ 6 up to 12 years☐

STATE OF NEW JERSEY - DEPARTMENT OF AGRICULTURE

Division of Food and Nutrition Services / Bureau of Child Nutrition Programs

CHILD AND ADULT CARE FOOD PROGRAM

SAMPLE MENU

and the same of th	and the second s	Day 1	Age	Age:	Day 2	Age	Age	Day 3	Age	Age	Day 4	Age	Age	Day 5	Age	Age
Meal Type	Required Components	Food Item	Portion Size	Portion Size	Food Item	Portion Size	Portion Size	Food Item	Portion Size	Portion Size	Food Item	Portion Size	Portion Size	<b>711</b>	Pórilon Siza	
m 72 80	1. Juice, Fruit or Vegetable										Const. Manual Const. Co		100 de 27 c	w.ch.w		
<b>71</b> 7 2	2. Bread or Alternative															
<b>⊣</b>	3. Milk															
WY C	1. Milk															•
Select 2	2. Juice, Fruit or Vegetable															
different Components	3. Bread or Alternative															
□ PM.	4. Meat or Alternative															
	Meat Alternative															
LUNCH	2. Juice, Fruit or Vegetable					,										
DINNER	3. Fruit or Vegetable															
□ вотн	4. Bread or Alternative															
	5. Milk						_						_			

rbw/Sample Center Menu